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The Arkansas United Methodist

October 16, 2020



What to Read this Week

Featured

11/5/2020

How To Worship During A Pandemic, Ingathering Divides Up the Work, Taking Care of Your Mental Health and More

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All In For Ingathering

Although plans were made for the annual Ingathering event to be held at the Arkansas Foodbank, as it has for the past few years, the ongoing COVID-19 pandemic required new ideas to be put in action to ensure that Arkansas children and families don't go hungry this holiday season.

See how Ingathering has changed this year, and learn how you can get involved in your District to feed hungry families.

By Caleb Hennington

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How To Worship During A Pandemic

When the pandemic hit Arkansas in early March, many of us never dreamed that 7 months later we would still be battling the virus. It has forced churches to rethink how they do worship and ministry. Hear from some of our ARUMC churches and see how they have adapted, and how some have been able to reopen to limited in-person worship.

By Caleb Hennington

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Water Is Life

We're happy to share this amazing three-year photo essay project from United Methodist News that showcases the important role women in African countries play in providing water for their families.

Check out the stunning work from Mike DuBose, Kathy Gilbert, and Joey Butler of UM News.

From United Methodist News

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The Faithful Frontline

It's important for everyone to take care of their mental, spiritual, and physical health during this time. It's especially important for our leaders in the church right now.

The Rev. Dawn Spragg, deacon at Central UMC in Rogers and The Teen Action and Support Center, shares a wonderful essay of encouragement for everyone.

By Rev. Dawn Spragg

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Q&A w/ Teaching Family Association Conference Speaker Shanterra McBride

The keynote speaker for the TFA conference is Shanterra McBride, an

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mainly with youth who have experienced trauma. Many in the Arkansas Conference might recognize her name as the keynote speaker for Veritas 2020.



By Caleb Hennington

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Making It Local

Whether we picture hunger as those in line at a soup kitchen, students receiving free lunches at a school, or even children experiencing poverty abroad, we need to remember that our picture is not the full picture. Whatever our vision of hunger, it is often hidden in plain sight.

By Rev. Samantha Meadors

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The Arkansas United Methodist: Living Our Faith is now The Arkansas United Methodist Newsletter. If you're looking for older copies of the digital magazines, you can find them at <u>https://issuu.com/arkansasumc/docs</u>.

Have a story idea? Want to submit an article to be featured online? Contact Caleb Hennington at <u>caleb.hennington@arumc.org</u> or call 501-324-8037.



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