

200,000 REASONS

to fight childhood hunger

Quick Guide to Getting Started

What is 200,000 Reasons mission?

Our Mission: 100% of United Methodist churches in Arkansas will participate in a 3-year initiative to significantly reduce childhood hunger through feeding ministries, public witness, and education for long-term stability.

What does the name mean?

In Arkansas, 1 of every 4 children experiences hunger every day. That figure represents nearly 200,000 children who live in all 75 counties of our state.

Who is involved with 200,000 Reasons?

Individuals, churches, campus ministries, children and youth groups, and our non-profit partners such as the Arkansas Hunger Relief Alliance, Arkansas Rice Depot, Arkansas Foodbank, and others. We are especially grateful for the support provided by the United Methodist Foundation of Arkansas.

Why should we get involved?

Caring for those who suffer is deeply rooted in our Wesleyan heritage of holiness. Many scriptures tell about caring for the needs of the people. Jesus himself spoke about caring for widows, orphans, and persons for whom life was a struggle. The Bishop's Mission Plan includes several steps in which food ministries can make a significant difference in connecting with the mission field. Congregations involved in hunger ministries are joining with their neighbors on a deep and meaningful level.

What resources are available?

To get involved, begin with the **200KReasons Getting Started Guide** available on the 200KReasons website. Additional resources include:

- **200KReasons Toolkits**
 - **Feed** – soup kitchens, meals after school or during school breaks
 - **Garden** – start and maintain a community garden or get involved in field gleaning
 - **Learn** – recommended books, studies on hunger and poverty, helpful websites
 - **Provide** - backpack ministries, food pantries, resource referrals, SNAP applications
 - **Teach** - provide educational opportunities in finances and nutrition
 - **Witness** – be a “no-hunger” advocate, volunteer opportunities
- **Arkansas Food Resource Directories**
- **Grants and Funding Resources**
- **Speakers bureau**
- **Statistics on Hunger**

How do we get more information?

Send an email to 200KReasons@arumc.org or visit the website at www.200KReasons.arumc.org.



Facebook: 200,000 Reasons



Twitter: #200KReasons